

Welland Gouldsmith School

Class-4

Geography chapter -3

Life in the Himalayan Region

Synopsis

1. The Himalayan region includes the state of Jammu and Kashmir ,Himachal Pradesh, Uttarakhand, Northern Uttar Pradesh, Northern West Bengal Sikkim and North- Eastern states of Tripura, Assam ,Arunachal Pradesh Meghalaya ,Mizoram ,Nagaland and Manipur.
2. The Kashmir Valley is very beautiful the Mughal Emperor Jahangir described it as Heaven on Earth it has two capitals Srinagar is the summer capital Jammu as the winter capital. The Dal Lake at Srinagar is a famous tourist attraction .Boats called houseboats are used as hotels the main occupation of the people is farming, fields are cut like steps on the slopes of the hills. Rice, millet and sugarcane are grown here.
3. The capital of Himachal Pradesh is Shimla where they grow maize, barley fruits and vegetables many people rear sheep and goats plums and apples are grown here in large quantities woollen carpets, blankets rugs and shawls are woven here. Thousands of tourists visit famous hill stations of Kullu ,Manali ,Shimla and Dalhousie. Dashara is the main festival in the Kullu region where most people speak Hindi ,Punjabi and Kinnauri . Women wear pyjamas with a long top, they wear scarves called Dhazu and the men wear tight pyjamas with loose shirts.
4. The Capital of Uttarakhand is Dehradun. The main occupation of the people is agriculture . Many people join the Army .Dehradun is known for the Indian Military Academy Mussoorie ,Nainital and Ranikhet are the popular hill stations. Haridwar Kedarnath, Badrinath ,Gangotri and Yamunotri are famous tourist places here.
5. Darjeeling is famous for its tea Gardens they produce one of the finest qualities of tea.Sikkim is a very small state. It has high mountains and deep river valleys. Kanchenjunga, the third highest peak in the Himalayas, lies in Sikkim. The capital of Sikkim is Gangtok people here belong to three main tribes -Lepcha, Bhutia and Nepali .They celebrate the festival of Saga Dawa.
6. North- Eastern states include Arunachal Pradesh, Assam Meghalaya ,Nagaland, Manipur Tripura and Mizoram these states are known as the seven sisters.The people of Nagaland are called the Nagas, they are very brave people the Garo and the Khasis are the inhabitants of Meghalaya they wear bright colourful clothes .People of the hilly areas are fond of singing and dancing. The folk dance of Himachal Pradesh is called Natti. The Kashmiri folk dance is called the Rouf. The bamboo dance of Mizoram and the warrior dance of the Nagas are also very famous.
7. All the North -Eastern states are famous for their bamboo items Arunachal Pradesh is known for its cane items.

Worksheet

1. Fill in the blanks:

- a) The emperor _____ described it as heaven on earth.
- b) _____ is the summer capital _____ is the winter capital.
- c) House boats are used as _____ on the Dal Lake.
- d) The farmers of Jammu and Kashmir grow _____ , _____ and _____ .
- e) The capital of Himachal Pradesh is _____.
- f) _____ is famous for its silk.
- g) _____ and _____ grow in Himachal Pradesh
- h) _____ is the main festival in the Kullu region.
- i) People of Kashmir drink a special type of tea called _____
- j) The Dal lake is situated at _____.

2. Name Them:

- a) It is famous for its tea gardens-
- b) The third highest peak in the Himalayas-
- c) The people of Nagaland are called-
- d) Two languages spoken by the people of Himachal Pradesh-
- e) Name three crops grown in Jammu and Kashmir-
- f) They are grown in large quantities in Himachal Pradesh and then exported-
- g) Two Famous articles that are world famous in Kashmir-
- h) An area of low land between mountains or Hills-
- i) Luxury river boat also called houseboat-

3. Answer the following questions:

- a) Who are the inhabitants of Meghalaya? Describe what they wear.
- b) Name the three main tribes in Sikkim.
- c) What are kangris?
- d) What is a dhazu?
- e) Why is Dehradun famous?
- f) Name some of the tourist places in Uttarakhand.
- g) What type of farming do the people do in the hilly regions?
- h) Which is the largest state in the North-East region?
- i) What type of dance do the people of Nagaland perform ?
- j) The languages spoken by the people of Kashmir?

4.State their capitals:

- a) Assam --
- b) Himachal Pradesh--
- c) Uttarakhand--
- d) Jammu and Kashmir-