

Biology

Class : 6

Chapter : 7 HEALTH AND HYGIENE (cont.)

ANSWERS

A Name the following :

- 1.COMMUNICABLE / INFECTIOUS DISEASE
- 2.CHOLERA
- 3.TETANUS
- 4.RABIES
- 5.MALARIA
- 6.SCURVY

B Short answer questions :

1. **Deficiency disease occur** due to the lack of any nutrients in our body.It may be lack of protein ,fat ,carbohydrate, fat, minerals and vitamins.
2. Washing hands before and after meals is essential because it helps to get rid of germs that remain attached to our skin.
3. To take care of hair one should wash the hair regularly with a good soap or shampoo to keep the scalp clean from dandruff and free from lice.
4. It is important to wear clean undergarments because hidden areas contain germs and sweat which make the garment stick to the skin and give bad smell and cause irritation on the skin.
5. Infectious disease can be controlled by the following.
 - a.by using mosquito repellent cream and net.
 - b.water should not be allowed to accumulate here and there.
 - c. garbage should not be allowed to collect instead it should be thrown in the right place.
 - d.vaccinating at proper time.
 - e.proper sanitation and use of clean drinking water should be made habitual.
 - f.isolate patients suffering from infectious disease.

6 Social machinery can help by maintaining parks, planting trees ,providing clean drinking water,taking care of the garbage and removing poultry and dairy out of the city.

D. Choose the odd one out

1. POLIO
2. TUBERCULOSIS
3. FILARIASIS
4. NIGHT BLINDNESS
5. MARASMUS

E Fill in the blank spaces :

1.FUNGAL

2.VIRUS

3.PLASMODIUM

4.CULEX

5.IRON OXYGEN

6.NIGHT BLINDNESS

7.CONTAGIOUS

8.ADES

9.NON COMMUNICABLE

10.FEMALE

F Write True or False

1. False

2. True

3. False

4. False

5. False

G choose the correct answer

1.COMMUNICABLE DISEASE

2.MALARIA

3.TAENIASIS

4.GOITRE

5.VIRAL

6.NONE OF THESE

7.CONJUNCTIVITIS

8.HOLERA

H 1....g

2....h

3....a

4....b

5....c

6....d

7....f

8....e

I Define the following :

1. **HYGIENE** : It is the practice of maintaining good health and preventing the growth of diseases through cleanliness.
2. **HEALTH** :Health is a state of a person's physical, mental and social well-being.
3. **DISEASE** : A disease is an abnormal of an organism which disturbs the normal physiological functioning of the organism .
4. **VECTOR** : vector is an organism that does not cause disease itself but which spreads infection by carrying pathogens from one host to another.
5. **ALLERGENS** : An allergen is any substance which when eaten , inhaled or comes in contact with the body causes an adverse reaction in the body.
