

Welland Gouldsmith School

Class 1

Science

Chapter:15\_ Our Needs.

Recapitulation:

The teacher explained the following points with the help of a video.

We need air to breathe ,water to stay alive, food to grow,clothes to cover our bodies and a house to live in.

Worksheet:

1.Fill in the blanks:

- a)We need \_\_\_\_\_ air to breathe.
- b)Air should be free from dust and \_\_\_\_\_.
- c)We need \_\_\_\_\_ water for drinking.
- d)\_\_\_\_\_ is necessary for the growth of the body.
- e)\_\_\_\_\_ clothes keep us warm in winter.

2.Match:

- a)We need this to breathe    1.house
- b)We need this to stay alive    2.food
- c)We need this to grow    3.clothes
- d)We need this to live in    4.water
- e)We need this to cover    5.air

our bodies

3.True or False :

- a)The air has not to be polluted. \_\_\_\_
- b)Drinking water should not be kept covered. \_\_\_\_.
- c)Food should be free from dust and germs.\_\_\_\_
- d)We need woollen clothes in summer. \_\_\_\_
- e)Our legs grow faster than the rest of our body.\_\_\_\_ .

4.Answer these questions:

Q1.What should drinking water be free from?

Q2.Name any 4 food that help to build our body.

Q3.Name the food that give energy to our body.

Q4.Why do we need a house?

Q5.What helps our body to grow strong and healthy?