

Welland Gouldsmith School
Geography Worksheet
Class III

The Food We Eat

- People of different areas eat different types of food.
- Most people in India eat rice and chapatti, which is prepared from the wheat flour.
- Wheat is eaten mainly in the northern parts of the country.
- People who eat only cereals, pulses and vegetables are called vegetarians.
- People who also eat meat, fish and eggs are called non - vegetarians.
- All the fruits and vegetables are not available throughout the country.

(Work to be done in Geography exercise book)

A) Answer the following questions.

- 1) Why do people living in different areas eat different kinds of food?
- 2) What do you mean by seasonal fruits and vegetables?
- 3) Coconuts grow in Kerala but they are available in Delhi, though Delhi is thousands of kilometres away from Kerala. What makes it possible?

B) Fill in the blanks.

- 1) _____ and _____ are two popular dishes of my state.
- 2) _____ and _____ are the food items which we get from another state.
- 3) _____ and _____ are the popular dishes of South India.
- 4) _____ and _____ are the popular dishes of North India.
- 5) People who eat meat, fish and eggs are called _____.

C) Match the following

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|-------------------------|----------------|
| 1) Chapatis | a) South India |
| 2) Ghee and mustard oil | b) Bengal |
| 3) Apples | c) wheat |
| 4) Dosa | d) North India |
| 5) Sandesh | e) hilly area |